

On Retiring – A Stimulating Road Ahead

Where will you find a sense of purpose and satisfaction? How will you find mental stimulus and a sense of community?

Like so many before you, upon retirement you are faced with decisions on how you can best achieve a satisfying and fulfilling life. Should you move near or far, or look to stay where you have established connections, friends and neighbors, merchants, and comfort and familiarity with your environment. Is remaining in a familiar environment enough to make you feel happy? Key to your mental and physical health and your overall outlook on life will be the availability of activities and contacts for you to pursue to keep you mentally and physically engaged.

There exists an organization right in your backyard that has been designed for people like you, which actively engages a large population of retired professional men across our area: The Old Guard of Summit, named after Napoleon's "Old Guard" which was comprised of the elite veteran soldiers that had served with valor.

How would you feel to be able to play golf, play bridge, go on fishing trips, or take part in a technology user group guided by experts in the field? Participating in discussion groups on timely topics, taking part in well-organized day trips are just some of the opportunities available to keep you engaged in a fraternal atmosphere of active-minded men with common interests.

Weekly speakers at the Tuesday meetings include Nobel Prize winners, scientists, historians, writers, even governors. The Old Guard is an attractive audience to these people because it is a vibrant organization with more than three hundred members, and with more than a hundred men attending the weekly meetings.

Is this really as good as it sounds? Check this organization out. Participate in as many of the activities as you would like. You will find a friendly welcoming group of retired men with a zest for life and friendship. It can help you stay at the top of your game.

To learn more, visit the website www.summitoldguard.org and call the Membership Chairman listed on its "About Us" page.